



**DISTRICT OF COLUMBIA
OFFICE ON AGING**

PUBLIC NOTICE

NOTICE OF FUNDING AVAILABILITY

Fiscal Year 2009 Senior Wellness Center Operations Grants

The Government of the District of Columbia, Office on Aging is soliciting applications from qualified applicants to operate four District of Columbia Government-owned senior wellness centers. Senior wellness centers promote healthy lifestyles, good nutrition, exercise, and general wellness among the District's elderly population, aged 60 and above.

A total of \$1,150,000.00 is available for funding one to four applicants to operate one or more senior wellness centers in the District of Columbia. Funding has been provided to the Office on Aging from both Federal and District appropriated funds.

Specifically, this Request for Application (RFA) will seek organizations to operate senior wellness centers in the following Ward locations.

Ward 4 – Hattie Holmes Senior Wellness Center
324 Kennedy Street N.W.
Washington D.C. 20011

Ward 5 – Model Cities Senior Wellness Center
1901 Evarts Street, NE
Washington, D.C. 20018

Ward 7 – Washington Seniors Wellness Center
3001 Alabama Avenue, SE
Washington, DC 20020

Ward 8 – Congress Heights Senior Wellness Center
3500 Martin Luther King Jr. Avenue
Washington, D.C. 20032

The successful organization(s) will be responsible for providing services and activities designed to enhance physical, social and emotional well-being through activities which are designed to promote good health habits among the target population such as physical exercise, nutrition counseling, health education and smoking cessation

Services for this population should include:

- Wellness/Health Promotion;
- Disease Prevention;
- Medication Management; and

other services and information which promote healthy lifestyles for seniors.

In addition, the operator of the senior wellness center has the following responsibilities:

1. Develop and implement a needs assessment to identify the needs in the target community;
2. Work in cooperation with the Office on Aging Ward-based Lead Agency and the Aging and Disability Resource Center (ADRC);
3. Develop and implement a structured community outreach program; and
4. Establish a Members Advisory Council to serve as advisors to help develop a coordinated service delivery system and community outreach.

Applicants who apply to this RFA must design services to meet the complex and ever-changing needs of the city's diverse elderly population, especially older individuals with the greatest economic and/or social needs, with particular emphasis on the low-income minority elderly. In addition, an applicant may apply for multiple grants in separate applications under this RFA.

Nonprofit organizations with places of business within the physical boundaries of the District of Columbia are eligible to apply. For profit organizations with places of business within the physical boundaries of the District of Columbia are also eligible to apply, but must not include profit in their grant application.

The RFA will be released on Wednesday, April 16, 2008 and the deadline for submission is Friday, June 13, 2008 at 5:00 p.m. A Pre-Application Conference will be held on Thursday, May 1, 2008 from 10:00 a.m. -12:00 noon at the D.C. Office on Aging, Conference Room 950 South. Applications can be obtained from the D.C. Office on Aging, 441 4th Street, NW, Suite 900 South, Washington, DC 20001. The RFA will also be available on the Office on Aging's website, www.dcoa.dc.gov and on the Office of Partnerships and Grants Development's website, www.opgd.dc.gov no later than April 18, 2008.